

LASER THERAPY POST-TREATMENT CARE

Congratulations! You have just experienced one of the latest periodontal therapy technologies on the market! This therapy will help eliminate plaque, bacteria and calculus that have, over time, damaged the gum attachment and bone levels around your teeth. By combining this laser assisted periodontal therapy with regular hygiene visits and proper home care, your gums and teeth should provide you with many more years of service.

Sensitivity: It is normal to experience some mild sensitivity during the periodontal procedure. Some mild to moderate sensitivity can usually be felt for up to 5-6 days after treatment, although some patients report very little sensitivity at all.

Bleeding: It is normal to experience some light bleeding after the periodontal therapy. This is your body's response to aid in repairing your oral tissues. This will subside within 24-48 hours. If it does not subside, please contact our office.

Antibacterial Rinsing: This is highly recommended after laser assisted periodontal therapy. It will eliminate bacteria that may hinder the rehabilitation of your gum attachment and bone levels. Use a "sulcabrush" dipped in the antibacterial solution and gently massage the area(s) that was treated. This process should be repeated daily until your next hygiene visit. Your dental hygienist will re-evaluate your gum attachment and bone levels at that time.

Hygiene Visits: Remember that regular hygiene visits are essential for the rehabilitation of your gum attachment and bone levels. The scaling done by your dental hygienist eliminates any plaque, bacteria and calculus that may hinder the health of your gums and bone levels. However, without regular maintenance, we are unable to monitor your oral health.

Your dental hygienist will typically ask to see you back in approximately six (6) weeks to evaluate your progress and ensure proper healing is taking place.

Preventive Procedures:

- Brush and floss after meals and before bedtime;
- Use a "sulcabrush" with antibacterial mouthwash;
- Maintain a well balanced diet.

Chapel Hill Dental